

# 2026 Emergency Care in Sport Conference

<b>Saturday, May 2, 2026: Los Angeles Rams Practice Complex</b>		
<b>Day 1: MEDICAL EMPHASIS</b>		
7:00 – 8:00 am	Registration/Continental Breakfast/Emergency Equipment Exhibitors	
8:00 – 8:10 am	Welcome/Introduction	Ron Courson, Allen Sills, MD, Jim Ellis, MD Robb Rehberg, Reggie Scott
8:10 – 8:35 am	Emergencies in Sport	Jim Ellis, MD
8:35 – 8:50 am	Emergency Preparedness in Athletics: Best Practices For EAP Development and Implementation	Ron Courson, ATC
8:50 – 9:10 am	Prepared or Vulnerable? The Legal Realities Behind • Emergency Response in Athletics	Rod Walters, ATC
9:10 – 9:20 am	Pre-Event Medical Time Out	Jim Ellis, MD
9:20 – 9:40 am	Emergency Evaluation: Trauma and Medical Assessments	John Hebert, NREMT-P, RN
9:40 – 10:10 am	Head Trauma in Sports	Bill Knight, MD
10:10 – 10:25 am	Information Exchange: Break Sponsored by _____	
10:25 – 10:40 am	NFL Injury Review	Robb Rehberg, ATC
10:40 – 10:55 am	Head Evaluation Virtual Demonstration	Bill Knight, MD, Robb Rehberg
10:55 – 11:10 am	Head Trauma Case Study	TBD
11:10 – 11:25 am	Crisis Management in Athletics	Carrie Hastings, PsyD
11:25 – 11:40 am	Mental Health Emergency Action Plan	Dylan Firsick
11:40 – 12:00 pm	Crisis Management/Mental Health Panel Discussion: Moderated by Tim Neal	Panel: Dylan Firsick, Brad Hambric, Carrie Hastings, Byron Cunningham
12:00 – 12:30 pm	Box Lunch sponsored by _____	
12:30 – 12:40 pm	Keynote Address: “Raising the Bar: The Future of Emergency Preparedness in Sport”	Allen Sills, MD
12:40 – 1:05 pm	“Emergency Preparedness in Sports” Panel Discussion: Moderator: Rod Walters	Deena Casiero, MD, George Chiampas, MD John DiFiori, MD, Gary Green, MD, Allen Sills, MD
1:05 – 1:15 pm	When Seconds Matter: Sudden Cardiac Arrest	Jon Drezner, MD (video)
1:05 – 1:20 pm	AHA CPR/ECC Guidelines Update	Matt Martinez, MD
1:20 – 1:40 pm	SCA and Death in Athletes: The State of Play	Jonathan Kim, MD
1:40 – 2:10 pm	Recognition and Management of SCA in Athletes	Eli Friedman, MD
2:10 – 2:25 pm	SCA Management Following ROSC	Jim Kyle, MD
2:25 – 2:40 pm	Case Study: SCA in Athletic Setting	TBD
2:40 – 2:55 pm	Case Study: SCA in Non-Athletic Setting	Jim Ellis, MD
2:55 – 3:15 pm	“Team Approach: Management of SCA” Panel Discussion Moderator: Jim Kyle	Jim Ellis, Eli Friedman, Jonathan Kim, Matt Martinez, TBD
3:15 – 3:30 pm	Information Exchange: Break Sponsored by _____	
3:30 – 3:45 pm	Sickle Cell Trait	Amanda Honsvall-Hoefler MD
3:45 – 4:15 pm	Exertional Heat Illness	Doug Casa, PhD, ATC
4:15 – 4:35 pm	Basic and Advanced Airway Management	Denise Whitfield, MD
4:35 – 4:45 pm	KSI Policy Work to Enhance Health & Safety Standards for High School Sport	Becca Stearns, PhD, ATC
4:45 – 4:55 pm	Transition to Emergency Labs	
4:55 – 6:00 pm	Emergency Laboratory Stations (10 minutes each station) ▪ SCA: CPR and AED with protective equipment ▪ SCA: CPR and AED without protective equipment ▪ SCA: use of automated chest compression device ▪ Exertional heat illness cold water immersion ▪ Airway management ▪ Oxygen Administration	
6:00 – 7:00 pm	Welcome Reception in exhibit area sponsored by _____	



**Sunday, May 3, 2026: Los Angeles Rams Practice Complex****Day 2: TRAUMA EMPHASIS**

6:30 – 7:00 am	Continental Breakfast/Emergency Equipment Exhibitors	
7:00 – 7:20 am	Optimizing Multidisciplinary Collaboration in Emergency Athletic Injury Management	Mike Van Bruggen, ATC, AEMT
7:20 – 7:50 am	Spine Injuries in Sports	Nicholas Theodore, MD
7:50 – 8:10 am	Keynote Address: “Rise Again: My Journey Through Catastrophic Injury, Recovery, and Purpose”	Devon Gales
8:10 – 8:50 am	The Upcoming NATA Position Statement: Translating Evidence to Practice in On-Field Spine Injury Care	Erik Swartz, ATC, Ron Courson, ATC
8:50 – 9:10 am	What We Still Don’t Know: Critical Research Gaps In On-Field Spine Injury Management	Mary Beth Horodyski, PhD, ATC
9:10 – 9:20 am	Spine Injury Case Study	Allen Sills, MD
9:20 – 9:35 am	Hemorrhage Control	George Chiampas, DO
9:35 – 9:45 am	Emergency Management of Suspected Opioid Overdose	George Chiampas, DO
9:45 – 10:00 am	Information Exchange: Break Sponsored by _____	
10:00 – 10:10 am	Transition to Emergency Labs	
10:10 – 11:50 am	Emergency Laboratory Stations <ul style="list-style-type: none"> <li>▪ Protective equipment review</li> <li>▪ Helmet and shoulder pad removal</li> <li>▪ Spinal motion restriction (SMR): multi-person lift</li> <li>▪ SMR: log roll: supine and prone</li> <li>▪ SMR: scoop stretcher</li> <li>▪ SMR: vacuum mattress</li> <li>▪ SMR: KED</li> <li>▪ SMR: cervical collar application packaging</li> <li>▪ Hemorrhage control: tourniquets, wound packing</li> <li>▪ Emergency medication administration</li> </ul>	
11:50 – 12:10 pm	Box Lunch sponsored by _____	
12:10 – 12:30 pm	Emergency Preparedness Panel Discussion: “Putting Plans into Action” Moderator: Robb Rehberg	AJ Duffy, Casey Batten, George Chiampas Jim Ellis, Jim Kyle, Allen Sills, TBD
12:30 – 12:45 pm	Vital Signs Trending	Jim Kyle, MD
12:45 – 1:05 pm	General Medical Emergencies	Casey Batten, MD
1:05 – 1:25 pm	Thoracic Trauma	Bret Betz, MD
1:25 – 1:45 pm	Abdominal Trauma	Bill Knight, MD
1:45 – 2:00 pm	Current Trends in Trauma Care	Woods Curry, MD
2:00 – 2:15 pm	Vascular Injuries in Sport	David Sailors, MD
2:15 – 2:35 pm	Orthopedic Trauma	TBD
2:35 – 2:50 pm	Orthopedic Splinting	Mark Dydasco, ATC
2:50 – 3:00 pm	Orthopedic Case Study	Alexia Malone-Oliver, ATC
3:00 – 3:20 pm	Orthopedic Emergency Panel Discussion Cases: Knee Dislocation, Open Tib-Fib Fracture, Femur Fracture, Compartment Syndrome, SC Joint Posterior Dislocation	Moderator: Matt Matava; Panel: TBD, Eric Gordon, TBD, Reggie Scott, TBD
3:20 – 3:35 pm	Emergency Training: Identifying and Utilizing Resources and Training Considerations	Rod Walters, ATC, John Hebert, EMT-P
3:35 – 3:50 pm	Ambulance vs. No Ambulance: Making Emergency Transport Decisions	Amar Shah, MD
3:50 – 4:00 pm	Sports Medicine Philosophy and Culture of Care	Jim Andrews, MD (video)
4:00 pm	Course Conclusion	

**The Emergency Care in Sport (ECS) conference is designed to prepare sports medicine professionals to recognize and manage emergency situations that may occur at any time during athletic participation.** Prompt, well-coordinated action is essential to provide the highest standard of care for athletes experiencing life- or limb-threatening conditions. Developing and implementing a comprehensive emergency action plan (EAP) ensures that appropriate care can be delivered immediately when needed. Athletic organizations have a responsibility to maintain an up-to-date EAP and to provide consistent emergency care standards for all participants.

Effective emergency preparedness includes the formulation of an EAP, proper event coverage, maintenance of emergency equipment and supplies, engagement of qualified emergency medical personnel, and ongoing education in emergency medicine. The ECS conference brings together leading healthcare professionals from across the country with specialized expertise in emergency care in sport. The curriculum includes both didactic presentations and immersive, hands-on skills laboratories utilizing scenario-based learning.

**The 2026 ECS conference will be held May 2–3 in Los Angeles, California, at the NFL Los Angeles Rams Training Complex.** ECS is approved for 17.25 hours of physician CME credit, as well as continuing education credit for athletic trainers, emergency medical technicians, physical therapists, and nurses. Participation is limited to the first 300 registrants. Registration fees are \$500 for physicians, \$300 for allied healthcare professionals, and \$150 for students.





**The Hilton Woodland Hills** will serve as the official lodging partner for the 2026 ECS Conference. Located within walking distance of the Rams complex, the hotel offers 330 guest rooms and suites, all featuring king beds, 55” televisions, and panoramic views of the San Fernando Valley. The property is situated just two blocks from premier shopping and dining at Westfield Topanga and The Village, providing attendees with convenient and high-quality accommodations.

[2026 Emergency Care in Sport \(ECS\) Conference Hotel Link](#)





**ECS Conference Faculty**

Jim Andrews, MD  
Casey Batten, MD  
Bret Betz, MD  
Brendan Burger  
Doug Casa, PhD, ATC  
George Chiampas, DO  
Ron Courson, DAT, ATC, PT, NRAEMT  
Byron Cunningham, ATC  
Woods Curry, MD  
John DiFirio, MD  
Jon Drezner, MD  
A.J. Duffy, ATC, PT  
Mark Dydasco, ATC  
Jim Ellis, MD, FACEP  
Eli Friedman, MD  
Devon Gales  
Eric Gordon, MD  
Kerry Gordon, ATC  
Gary Green, MD  
Carrie Hastings, PsyD  
John Hebert, NREMT-P, RN  
Mary Beth Horodyski, PhD, ATC  
Jonathan Kim, MD  
Bill Knight, MD  
Jim Kyle, MD  
Matt Martinez, MD  
Matt Matava, MD  
Tim Neal, ATC, CCISM  
Connor Norman, ATC, PT, NREMT  
Madison Plummer  
Robb Rehberg, PhD, ATC, NREMT  
David Sailors, MD  
Reggie Scott, ATC  
Amar Shah, MD  
Allen Sills, MD  
Becca Stearns, PhD, ATC  
Erik Swartz, PhD, ATC  
Marquis Swinton, ATC  
Nicholas Theodore, MD  
Mike Van Bruggen, ATC, AEMT  
Rod Walters, DA, ATC  
Denise Whitfield, MD

Andrews Medical  
Los Angeles Rams, LA28 Chief Medical Officer  
Cincinnati Bengals  
Los Angeles Rams  
Korey Stringer Institute  
CMO MLS, CMO U.S. Soccer, Chicago Bears  
University of Georgia  
Los Angeles Rams  
Cincinnati Bengals  
NBA Chief Medical Officer  
Seattle Seahawks, University of Washington  
National Athletic Trainers' Association  
Los Angeles Rams  
NFL Medical Director, Emergency Preparedness, CFP Chief Medical Officer  
Cedars-Sinai  
University of Georgia  
University of Georgia, Piedmont Orthopedic Sports Medicine  
LA 28  
MLB Chief Medical Officer  
Los Angeles Rams  
Grady EMS  
University of Florida  
NFL, Emory University  
Cincinnati Bengals  
The Kyle Group  
New York Jets  
NFL  
Concordia University  
University of Georgia  
Los Angeles Rams  
NFL  
University of Georgia, University Vascular Associates  
Los Angeles Rams  
Cedars-Sinai  
NFL Chief Medical Officer  
Korey Stringer Institute  
University of Hawaii  
University of Georgia  
Johns Hopkins University, NFL  
Knoxville Orthopedic Clinic, Walters State Community College  
Andrews Athlete  
Health Services – Los Angeles County, NFL





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In support of improving patient care, this activity has been planned and implemented by University of Georgia Athletic Association and Piedmont Healthcare. Piedmont Healthcare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team. This activity offers 17.25 *AMA PRA Category 1 Credit(s)*<sup>™</sup>, 17.25 ANCC Credits, 17.25 AAPA Category 1 Credits, 17.25 BOC Credits, and 17.25 IPCE Credits.



IPCE CREDIT™

This activity was planned by and for the healthcare team and learners will receive 17.25 Interprofessional Continuing Education (IPCE) credits for learning and change.

